

Xylee

Ms. Lehman

Religion

June 5th, 2025

Jubilee 2025 Prayer Project

Why do we say the Jubilee prayer at St. Theresa? At school, every day, we say the Jubilee prayer before lunch recess to grow together as a community and connect by respecting each others' feelings. The goal of the St. Theresa Jubilee 2025 Prayer Project is to teach students how to live peacefully in unity like God taught us, to love one another, and to work together to help everyone become the best version of themselves. From this project, I have learned to fully accept people as they are, and to be aware of how my actions affect those around me.

The Jubilee Prayer Project helps us realize everyone is different and unique in their own way, and that is something we cannot change. We are all created by God in His image, so we shouldn't be judging others on how they appear or are. We must come together and care for each other, appreciating the features and diversity God has blessed everyone with. Accepting someone can be hard, but the Jubilee Prayer Project reminds us that we are all equals as children of God.

The Jubilee Prayer Project teaches us to be more conscious of our actions, because what you say or do to a person can have a big impact on them, positive or not. God wants us to be kind to each other, as it is what creates bonds and strengthens communities. Saying the Jubilee prayer before lunch helps us to remember to consider the feelings of those around us and our own, and to not let our emotions take control of our actions.

Because of the Jubilee Prayer Project, I've become more accepting of others and thoughtful in my behaviour. We shouldn't judge based on appearance or personality; we should offer support, and value the qualities and differences God has given each one of us. We need to think about our actions and words, as they can easily do someone harm. Just taking a moment to talk to God, no matter the prayer, gives us time to reflect on the weight of our actions, and to adjust our priorities to do what is right.

Stephanie

Ms. Lehman

English

June 5th, 2025

Did you know the Jubilee year happens every 25 years? The Jubilee prayer, created by Pope Francis is a project we've been doing at school every day before lunch to call us together as a community. By having a routine of saying this prayer every day I've personally experienced having a better community at school and strengthening my faith.

One of the impacts I've experienced through this project is having a better community here at school. Hearing and understanding what this prayer means, I've learnt and reflected on Pope Francis's vision for us. With that I want to treat people with kindness and be loving to everyone here in our community. I think this has built a better community not only at recess or in our class but our whole school.

Secondly, I've experienced is it strengthening my faith. Allowing me to grow closer to him and have an understanding of the prayer. Especially when it talks about the treasures of heaven which is a line I really liked from the prayer. I found that in praying this I learnt a lot about what it means to be pilgrims of hope. I think the more I listened to it over the announcements I understood more and acted on it, which strengthened my faith.

Lastly, since starting the jubilee prayer project I've experienced as I said previously, a better school community and stronger faith. What this prayer says helps us understand what our community should look like, making it better and praying it every day made my faith stronger.

With this prayer we should continue to be kind and loving to everyone like Pope Francis wanted us to.

<https://www.iubilaeum2025.va/en/giubileo-2025/preghiera.htm>

Skyla

Ms. Lehman

Religion

June 5th, 2025

Jubilee 2025 Prayer Project

Does having a prayer routine help on a day-to-day basis? At St. Theresa Catholic School, we pray the Jubilee Prayer every day around 11:15 AM before lunch to help calm our bodies and focus our minds on making good decisions throughout recess. Having a prayer routine before lunch has proven to help us calm our bodies and make better decisions.

Firstly, praying before going outside for lunch recess helps calm our bodies as it puts us into a prayerful mindset. In my experience, I've found that praying before lunch recess has helped the students here at St. Theresa in many ways. Praying before recess has significantly helped us remember not to be mean to our friends, to play nicely, and to relax and enjoy our recess. In conclusion, I believe that praying before recess helps calm our bodies.

Secondly, praying before recess helps us focus our minds on making better decisions by allowing us to focus on our actions towards others. When we focus on our actions towards others, we will treat others better and do things with kindness and love. From my viewpoint, I think that praying before recess has improved the way the students at St. Theresa behave during recess. Overall, praying before lunch recess has helped us to focus our minds on making better decisions.

In summary, if we pray before going out for recess, playing sports, or hanging out with our friends we will have a calm mind and a calm body. Having a calm mind and a calm body will make us relaxed and have a better nature. As a student who has gone to St. Theresa Catholic School since kindergarten, I'm very grateful that this is the school I grew up going to.

Graeson

Ms. Lehman

English

June 13th, 2025

St. Theresa Catholic School

Jubilee 2025 Prayer

The Jubilee prayer of 2025 is a prayer for renewed hope in the coming of God's Kingdom. It is a reminder to be kind to your peers and make better decisions before lunchtime. This prayer not only creates a good environment but prepares us to have a great recess.

Firstly, saying this prayer gives students a sense of peace and calms their mind before going outside to play. It also says, "reawaken in us the blessed hope for the coming of Your kingdom." By praying this, we ask Jesus to lead us in our actions and help us act out of kindness rather than selfishness and be in community with our schoolmates and teachers.

Secondly, when this special prayer is said every day before lunch, it develops into a habit in school, therefore encouraging students to make a habit of praying every day at home, including it into their everyday life and overall going to Jesus more often. For example: before bed, after waking up, before tests etc. This habit also helps in making smarter decisions at recess and in the classroom.

In conclusion, saying the 2025 Jubilee prayer before lunchtime calms the mind, reminds us to be kind to our friends, prepares us for recess and invites Jesus into our lives to have a deeper relationship and connection with Him.